



# 19th Annual Women's Health Conference

24 - 25 February, 2012

Sheraton Mirage Resort & Spa, Gold Coast

## Welcome to the 2012 Women's Health Conference

We continue with the two-day format and more concurrent sessions that was so well received last year. We are delighted that Michael Carr-Gregg is with us again. Today's society includes many 'mixed' family groups and Michael will share his expertise in this area. In addition he will discuss the effects of bullying. Both topics will provide us with useful information for our female clients. The effect and use of hormone treatments is one of the core areas of Women's Health. We welcome the expertise of Professor Rod Baber to update us on current issues and discuss management problems.

The conference always tries to look broadly at all topics that affect female patients. With this in mind, we welcome Professor Louise Newman to discuss the effects of trauma and abuse on parenting; coping with adversity by Professor Sandy McFarlane; Professor Rebecca Mason on the effects of vitamin D on the skin and bones; and Dr Jane Peake to update us on childhood allergies.

Back and joint aches are common issues for women and Professors Rachelle Buchbinder and Ellen McGirr will share their advice on early and evidenced-based management of these issues. Professor Glenys Ross will discuss the importance of the General Practitioner role in the management of women with diabetes. Gynaecological issues are not forgotten and we will have interesting presentations on fertility, pregnancy loss, endometriosis, urinary issues for women, and PCOS that includes the new guidelines for management

Finally we welcome all the speakers old and new who add to the quality of this conference. After sessions conclude on Friday we again have drinks and canapes around the pool area for all to share. The Sheraton Mirage never fails to lift the spirits

As always I hope you have a happy productive time at the conference.

**Vivienne O'Connor**

Associate Professor, University of Queensland



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# Conference Speakers (A few of the many speakers at this year's conference. see web for further information)

## Professor Rodney BABER, NSW

Rod Baber is Clinical Associate Professor of Obstetrics and Gynaecology at Sydney Medical School, The University of Sydney and is Head of the Menopause clinic at Royal North Shore Hospital in Sydney. The unit provides clinical services as well as teaching of research fellows, registrars and medical students and has developed a national and international reputation for clinical management, original research and ongoing education.

He is President Elect of The International Menopause Society and Past President of The Australasian Menopause Society.

## Professor Rachelle BUCHBINDER, VIC

Rachelle Buchbinder is a rheumatologist/ clinical epidemiologist and Australian NHMRC Practitioner Fellow.

She is Director of the Monash Department of

Clinical Epidemiology, Cabrini Hospital; Professor in the Department of Epidemiology and Preventive Medicine, Monash University; Coordinating Editor of the Cochrane Musculoskeletal Group and chairs the Australian Rheumatology Association Database (ARAD) Management committee.

## Dr Michael CARR-GREGG, VIC

Michael Carr-Gregg is one of Australia's highest profile psychologists and leading speakers. Educated in Kenya, the UK, Australia and New Zealand, he is married with two sons, for seven years he worked as an Associate Professor in the Department of Paediatrics at the University of Melbourne, before going into private practice in the Melbourne suburb of Kew.

He wrote his PhD on adolescents with cancer at the University of NSW which resulted in the formation of CanTeen - a support group for teenagers with cancer in 1984.

## Professor Rebecca S MASON, NSW

Rebecca Mason, a medical graduate from Sydney University, has research interests in vitamin D, bone and skin.

She is Head of Physiology and Deputy Director of the Bosch Institute, University of Sydney, a Board member of Osteoporosis Australia and Immediate Past President of the ANZ Bone and Mineral Society.

## Professor Louise NEWMAN, NSW

Louise Newman is the Professor of Developmental Psychiatry and Director of the Monash University Centre for Developmental Psychiatry & Psychology. Prior to this appointment she was the Chair of Perinatal and Infant Psychiatry at the University of Newcastle and the previous Director of the New South Wales Institute of Psychiatry. In January 2011 she was appointed as a Member in the General Division of the Order of Australia.

## Accommodation Options

### SHERATON MIRAGE

Seaworld Drive, Main Beach Q 4217  
T: 07 5591 1488  
W: sheraton.com/goldcoast

We have arranged a dedicated hotel web site for those delegates who choose to stay at this hotel. You are able to book or modify a reservation through the Sheraton StarGroups link on the conference web site – whers.com.au Please note – we cannot accept a deposit on the Conference Registration form.

#### Room Costs

Standard room \$245.00 (Includes breakfast for one)  
Standard room \$265.00 (Includes breakfast for two)  
Rollaway \$75.00 (Includes breakfast for one)

### PALAZZO VERSACE

Seaworld Drive, Main Beach Q 4217  
T: 07 5509 8000  
W: palazzoversace.com

For delegates who choose to stay at this hotel, please download a RESERVATION REQUEST FORM from the conference web site and fax directly to Palazzo Versace Please note – we cannot accept a deposit on the Conference Registration form.

#### Room Costs

Superior room \$350.00 (Includes breakfast for two)  
Rollaway \$44.00 (Excluding breakfast)



## Registration Packages

	Conference Sessions (FRI, SAT)	Lunch (FRI, SAT)	Canapés & Drinks (FRI)	Conference Bag	COST
<b>Full EARLY BIRD Registration</b> Before 13/01/12	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	\$520
<b>Full LATE Registration</b> After 13/01/12	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	\$580
<b>DAY Registration</b> (FRI, SAT)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	\$300
<b>Full Guest Registration</b>		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>		\$180

### Optional Tickets (please note. Children 4-12 are half price)

<b>Canapés &amp; Drinks</b>			<input checked="" type="checkbox"/>		\$30
<b>Lunch (FRI OR SAT)</b>		<input checked="" type="checkbox"/>			\$50

Arrival tea and coffee on Friday and Saturday available for all delegates

# Academic Program

## Thursday 23 February

4.00 – 5.00pm Early Registration

## Friday 24 February

8.00 – 9.00am Registration and coffee on arrival

9.00 – 5.00pm Conference session times

### Plenary Sessions

#### Current advice to women reaching menopause

- Prof Rodney Baber, NSW

#### Surviving step-families

- Dr Michael Carr-Gregg, VIC

#### Young people: Questions and answers

- Dr Michael Carr-Gregg, VIC

### Concurrent Sessions

- Paediatric allergy: How to treat and when to refer  
Dr Jane Peake, QLD
- Back and joint pain management options  
Prof Rachelle Buchbinder, VIC, Dr Ellen McGirr, NSW
- Bullying: Advising parents and young people  
Dr Michael Carr-Gregg, VIC
- Contraception: Update for GPs  
Dr Caroline Harvey, QLD
- Coping with adversity  
Prof Alexander McFarlane, SA
- Fertility issues  
Panel
- Women's urinary problems: What is the best management  
Prof Judith Goh, QLD, Dr Hannah Krause, QLD

5.00 – 5.30pm Canapés and drinks around the pool

NOTE: See [www.whers.com.au](http://www.whers.com.au) for program changes and updates

## Saturday 25 February

8.00 – 9.00am Registration and coffee on arrival

9.00 – 5.00pm Conference session times

### Plenary Sessions

#### Impact of trauma and child abuse on parenting and mental health

- Prof Louise Newman, VIC

#### Hormones: Recent developments and the implication for clinical practice

- Prof Rodney Baber, NSW

#### Women, diabetes and the GP

- Dr Glynis Ross, NSW

#### Vitamin D for skin and bones

- Prof Rebecca S Mason, NSW

#### Building resilience in young women

- Panel

### Concurrent Sessions

- Advice to women planning a pregnancy  
Prof Rebecca S Mason, NSW, Prof Louise Newman, VIC,  
Dr Glynis Ross, NSW
- Paediatric allergy: How to treat and when to refer  
Dr Jane Peake, QLD
- Back and joint pain management options  
Prof Rachelle Buchbinder, VIC, Dr Ellen McGirr, NSW
- Endometriosis: Current issues  
Dr Elizabeth Farrell, VIC
- Fertility issues  
Panel
- Hormones: Issues for clinical practice  
Prof Rodney Baber, NSW
- Managing young people in General Practice  
Ms Justine Looney, QLD, Dr Susie Radford, QLD
- Polycystic ovary syndrome: New guidelines  
Prof Helena Teede, VIC
- Women's urinary problems: What is the best management  
Prof Judith Goh, QLD, Dr Hannah Krause, QLD

### PLEASE NOTE

The program for the Women's Health Conference will be submitted to the RACGP for point allocation in the CME category of the QA & CPD Program. The outcome of this application will be published on the conference web site.

Disclaimer: The information in this brochure is correct at the time of printing. We reserve the right to change without notice any speakers or aspects of this program. Keep in touch with the website for program changes.

Conference Secretariat - Julie Buchan  
T: 07 3420 4771, F: 07 3849 7771  
E: [secretariat@whers.com.au](mailto:secretariat@whers.com.au), W: [whers.com.au](http://whers.com.au)



# Registration Form/Tax Invoice - Women's Health 19th Annual Conference

Women's Health Conference, 24-25 February 2012, Sheraton Mirage, Gold Coast, QLD

Women's Health Education and Research Society Inc. ABN 35 697 273 325

## Delegate Details

Title	<input type="text"/>	First Name	<input type="text"/>	Telephone	<input type="text"/>
Surname	<input type="text"/>			Facsimile	<input type="text"/>
Name on Badge	<input type="text"/>			Email	<input type="text"/>
Address for Confirmation letter	<input type="text"/>			RACGP QA + CE Number	<input type="text"/>
<input type="text"/>	<input type="text"/>			Special Requirements	<input type="text"/>
<input type="text"/>	<input type="text"/>			(please note any special dietary, medical or other requirements)	<input type="text"/>
<input type="text"/>	Postcode			<input type="text"/>	<input type="text"/>

## Section A : Registration Fees

Full Registration			
Early	\$520 before 13 January 2012	\$	<input type="text"/>
Late	\$580 after 13 January 2012	\$	<input type="text"/>
Day Registration			
Friday 24 February	\$300	\$	<input type="text"/>
Saturday 25 February	\$300	\$	<input type="text"/>
<b>TOTAL</b>		\$	<input type="text"/>

## Section B : Optional Tickets (Continued ...)

Full Guest Registration		
<input type="text"/>	x Adult \$180 each	\$ <input type="text"/>
Note: Children's (4-12) Meals are half price		
<b>TOTAL</b>		\$ <input type="text"/>

## Section C : Accommodation

SHERATON MIRAGE - see [www.whers.com.au](http://www.whers.com.au) (NO Deposit can be accepted with this form)

PALAZZO VERSACE - see [www.whers.com.au](http://www.whers.com.au) to download a RESERVATION REQUEST FORM. (NO Deposit can be accepted with this form)

## Section B : Optional Tickets

Lunch Friday 24 February		
<input type="text"/>	x Adult \$50 each	\$ <input type="text"/>
Canapes and Drinks Friday 24 February		
<input type="text"/>	x Adult \$30 each	\$ <input type="text"/>
Lunch Saturday 25 February		
<input type="text"/>	x Adult \$50 each	\$ <input type="text"/>

## Payment (all above quoted on this form are inclusive of GST) - PAYMENT OPTION - refer to [www.whers.com.au](http://www.whers.com.au) for on-line registration

Please make cheques payable to WHERS, PO Box 1586 Carindale Qld 4152. T: 07 3420 4771 F: 07 3849 7771

Total	Section A	\$ <input type="text"/>	I wish to pay by:	Cheque <input type="checkbox"/>	Visa <input type="checkbox"/>	Mastercard <input type="checkbox"/>
	Section B	\$ <input type="text"/>	Card Number	<input type="text"/>		
			Cardholder's Name	<input type="text"/>		
<b>TOTAL</b>		\$ <input type="text"/>	Signature	<input type="text"/>	Expiry Date	<input type="text"/> / <input type="text"/>

Please keep a photocopy of this form for your records. NO receipt will be sent out unless a special request is made.

## Registration Cancellations

Registration cancellations made after 13 January 2012 will be refunded less \$80 for administration costs.